

## Carolina Isshinryu Academy - Monroe, NC

[Monroe Aquatics and Fitness Center, 2325 Hanover Drive, Monroe, NC 28110](#)

Thursday evenings:

5:30PM to 6:30 PM

7:00 PM to 8:00 PM

Contact: Sensei Don Gyr at [Bomble@aol.com](mailto:Bomble@aol.com) for further information.

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Sensei Don Gyr

## **Sensei Don Gyr (5th Dan Isshinryu)**

Location/date of birth: Batavia, New York in 1965.

Date/Location/Instructor where Isshinryu training began: 1985 in Rochester, New York with Sensei Curt Sawyer.

Date received Sho-Dan in Isshinryu karate: August 2000.

Date received present rank: Go-Dan in Isshinryu - August 2012.

Organizational support: Member of the OIKKA since 1990; member of USAF since 1994; member of AOKA since 2004; member of USJA since 2003. Assistant instructor at the Carolina Isshinryu Academy.

Awards (Martial Arts): Participated in karate demonstration to commemorate the reopening of Shuri Castle in Okinawa, Japan in 1992.

Profession: Commercial Diver.

Education: A.A.S Optical Technology, Monroe Community College 1988. B.A. Physics, St. John Fisher College 1990. Commercial Diver Certification, Divers Institute of Technology 1998. Personal Trainer Certification, Cooper Institute 2002.

Personal: Wife: Lesley; Daughter: Erin.

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**Sensei Justin Serpico**

**Sensei Justin Serpico (3rd Dan Isshin-Ryu)**

**Location/date of birth:** Morristown, New Jersey in 1974

**Date/Location/Instructor where Isshinryu training began:** Summer of 2005 in Stallings, NC with Master Mitch Kobylanski.

**Date received Sho-Dan Isshinryu rank:** April 29, 2009 - Sho-Dan.

**Date received present Isshinryu rank:** February 23, 2013 - San-Dan.

**Organizational support:** Member of the AOKA since 2005.

**Profession:** Technology Development Project Manager

**Education:** B.S. Biology and Environmental Ecology from UNC-Asheville - 1997

**Personal:** Wife: Sarah; Children: Gabrielle and Evelyn.

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